

www.b4usplashcash.ocba.sa.gov.au

Do you pay /get paid this amount weekly, fortnightly, monthly, quarterly or yearly (circle one)?

Want to work it out for yourself? The conversion table can help.
w f m q y

Write in the amount.

1 - Income Details			
Salary (after tax)	\$ _____	w f m q y	\$ _____
Interest Earned on Accounts	\$ _____	w f m q y	\$ _____
Dividends from Shares	\$ _____	w f m q y	\$ _____
Centrelink Support Payments	\$ _____	w f m q y	\$ _____
Total Income Amount			\$ _____



2 - Living Expenses			
Rent/Mortgage/Board	\$ _____	w f m q y	\$ _____
Electricity	\$ _____	w f m q y	\$ _____
Gas	\$ _____	w f m q y	\$ _____
Water	\$ _____	w f m q y	\$ _____
Telephone	\$ _____	w f m q y	\$ _____
Internet	\$ _____	w f m q y	\$ _____
House Insurance	\$ _____	w f m q y	\$ _____
Shared Food / Groceries	\$ _____	w f m q y	\$ _____
Individual Food / Groceries	\$ _____	w f m q y	\$ _____
Transport Expenses (eg bus)	\$ _____	w f m q y	\$ _____
Credit Card / Loan / Hire Purchase	\$ _____	w f m q y	\$ _____
Credit Card 1 Repay	\$ _____	w f m q y	\$ _____
Loan Repay	\$ _____	w f m q y	\$ _____
Hire Purchase 1 Item Repay	\$ _____	w f m q y	\$ _____
Subtotal			\$ _____

3 - General Expenses Questions			
Savings	\$ _____	w f m q y	\$ _____
Clothing and Personal Items	\$ _____	w f m q y	\$ _____
Entertainment (eg going out, videos)	\$ _____	w f m q y	\$ _____
Cash Expenses (eg lunches)	\$ _____	w f m q y	\$ _____
Pet Care	\$ _____	w f m q y	\$ _____
Study (eg fees, books)	\$ _____	w f m q y	\$ _____
Mobile Phone	\$ _____	w f m q y	\$ _____
Health Insurance	\$ _____	w f m q y	\$ _____
Extras (eg gifts)	\$ _____	w f m q y	\$ _____
Subtotal			\$ _____

4 - Car Expenses			
Petrol	\$ _____	w f m q y	\$ _____
Parking	\$ _____	w f m q y	\$ _____
Registration	\$ _____	w f m q y	\$ _____
Insurance	\$ _____	w f m q y	\$ _____
Maintenance	\$ _____	w f m q y	\$ _____
Loan Repayments	\$ _____	w f m q y	\$ _____
Subtotal			\$ _____

5 - Other Expenses			
Other	\$ _____	w f m q y	\$ _____
Other	\$ _____	w f m q y	\$ _____
Subtotal			\$ _____

Add up your expense subtotals here!

EXPENSE SUBTOTALS

+ \$	_____
+ \$	_____
+ \$	_____
= \$	<input type="text"/>

TOTAL EXPENSES

Now check out how well you're doing here!

TOTAL INCOME

TOTAL EXPENSES

\$	_____
-	_____
=	_____
\$	<input type="text"/>

TOTAL SURPLUS

Conversion Table

If you can't get on the internet, you can use this table to help make approximate calculations for your expenses.

	W-Weekly \$	F-Fortnightly \$	M-Monthly \$	Q-Quarterly \$	Y-Yearly \$
W	same	$F \div 2 = W$	$M \div 4.33 = W$	$Q \div 13 = W$	$Y \div 52 = W$
F	$W \times 2 = F$	same	$M \div 2.166 = F$	$Q \div 6.5 = F$	$Y \div 26 = F$
M	$W \times 4.33 = M$	$F \times 8.66 = M$	same	$Q \div 3 = M$	$Y \div 12 = M$
Q	$W \times 13 = Q$	$F \times 6.5 = Q$	$M \times 3 = Q$	same	$Y \div 4 = Q$
Y	$W \times 52 = Y$	$F \times 26 = Y$	$M \times 12 = Y$	$Q \div 4 = Y$	same

You may want to use this worksheet to help keep a record of your budget and revisit this site to update or recalculate your budget at any time.

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